



NASRTC COVID-19 Club Risk Assessment

Date of assessment	Person Undertaking Risk Assessment (COVID-19 Officer)	Club name	Facility Address	Activity	Risk Assessment issue Number
20/07/2020	Matt Whalley	NASRTC	Recreational Trust Marsh Road Newton Abbot TQ12 2AR	Squash, Racketball and Tennis	01
Persons Exposed e.g. Employee(s), Visitor, Member of Public etc.		Maximum Number of People Exposed		Frequency and Duration of Exposure	
Employee(s), volunteers, members		208		Whenever present at the club.	
Level of Risk					
Low		Medium		High	

Identified Risks:

- COVID-19 is highly infectious disease.
- Infection through lack of social distancing (1 metre minimum).
- Infection through droplets from individuals which could subsequently be inhaled into the lungs.
- Infection through touching a surface, object, or the hand of an infected individual that is contaminated with respiratory secretions and then touching their own mouth, nose or eyes.

Additional information can be found here:

- Public Health England Advice - <https://www.gov.uk/government/organisations/public-health-england>
- HSE Guidelines - <https://www.hse.gov.uk/news/coronavirus.htm>
- Safeguarding guidance - <https://thecpsu.org.uk/>

FOCUS AREA	IDENTIFIED RISK	PRE-MITIGATION ASSESSMENT			MITIGATION ACTIONS TO CONTROL RISK	POST MITIGATION ASSESSMENT		
		GREEN	AMBER	RED		GREEN	AMBER	RED
Governance & Management	Inadequate procedures to keep participants safe			RED	A COVID-19 secure plan has been developed to detail the procedures and policies put in place to ensure members remain safe, a copy of which is attached to this Risk Assessment.	GREEN		
	Inadequate procedures to keep participants safe			RED	Safeguarding policies have been reviewed and where appropriate updated to reflect COVID-19 secure plan.	GREEN		
	Members unaware of new infection controls			RED	Communication with members will be clear and as frequent as deemed necessary. NASTRC COVID-19 Secure Plan to be shared with members. All revisions and updates to COVID-19 Secure Plan to be communicated to members. Communications will be primarily via email.	GREEN		
	Processes not Applied			RED	All members will be strongly encouraged to adhere to policies and procedures will be adopted. Members will be able to provide feedback on processes and application to the COVID-19 lead officer.	GREEN		
Club Environment	Infection			RED	The squash courts and communal areas will be deep cleaned prior to reopening.	GREEN		
	Infection			RED	Communal areas will be cleaned every morning by the club contract cleaners and players will be required to clean floors and touch points after each booking.	GREEN		
	Infection			RED	A one-way system will be in place ensuring entry and exit routes are different. Entry will be through the main entrance and exit will be via the tennis courts through to the cricket pitch before joining the existing Rec Trust one-way system.	GREEN		
	Infection			RED	Tennis courts will be accessed via the gate off the public car parking area. Players can exit via the same gate subject to	GREEN		

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					maintaining social distancing if other members are arriving. Alternatively, members can join the one-way system by heading passed Court 1 through the gate and on to the cricket pitch area and joining the Rec Trust one-way system.			
	Infection				Signage and wayfinding in all circulation areas including reminders regarding social distancing will be in place.			
	Infection				Changing rooms and showers will remain closed – All players must arrive changed and ready to play.			
	Infection				Subject to weather conditions the fire exit door behind Squash Court 1 and the door to access the tennis courts should be left open to promote air circulation.			
	Infection				All unnecessary furniture and notice board information to be removed from communal areas / tennis pavilion to reduce the number of contact surfaces.			
	Infection				Numerous hand sanitiser and disposable wipes will be provided for use by players and staff.			
	Infection				Immediate disposal of all used cleaning wipes and used materials in provided pedal bins.			
	Infection				Toilet provisions will be in line with the Rec Trust procedures which members should familiarise themselves with.			
	Infection				Touch points to be wiped down after each use.			
Courts					Court lights will be left on at all times and as such light cards will not be required. The cost for lights will be taken when courts are booked. E.g. £1.80 non-peak times and £3.60 peak booking times.			
	Infection				All squash courts will be deep cleaned prior to re-opening.			

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	Infection				All courts must be booked online – no booking, no play			
	Infection				Squash courts will be opened on reduced hours basis (Midday until 8pm daily).			
	Infection				A maximum of 3 courts will be in action at any one time to allow down time for air circulation after previous matches.			
	Infection				Court bookings will be increased to 1 hour to allow for sufficient cleaning and change over times to minimise interaction / contact between members. e.g. 5 for minutes arrival, play 45 minutes, 10 minutes cleaning and exiting. Initially, a half hour gap will be left between each court booking time to allow sufficient air re-circulation time.			
	Infection				Hand sanitiser and wipes provided outside squash courts for use by players prior to entering courts.			
	Infection				Players must not touch squash court walls, where this happens accidentally wall must be wiped down with disposable wipes / cleaning equipment.			
	Infection				After play/training the squash court floors must be cleaned using disposable materials provided. Handles of reusable mops must be wiped down and sterilised after use. Disposable mop clothes and wipes must be disposed of immediately pedal bin provided. Touch points (e.g. door handles etc) must be wiped down and sterilised on exit.			
	Infection				Hand sanitiser and squash court cleaning equipment will be provided by the club.			
	Infection				Rules for how squash courts can be used will be implemented, as follows: <ul style="list-style-type: none"> Maximum 2 players per court 			

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					<ul style="list-style-type: none"> Specific formats for play in Phase 1 will only include: <ul style="list-style-type: none"> match play with individual from same household only. solo practice. pairs activities. 'sides' games. 			
	Infection				Tennis singles and doubles can be played with people from different households, and recreational competitions (including club sessions), can take place as long social distancing guidelines are adhered to and COVID-19 Secure guidelines are followed.			
	Infection				Players to be responsible for providing their own equipment - no sharing of any equipment.			
Store Areas	Infection				Storage area beneath stairs will be cleared and cleaned and will not be available for use.			
	Infection				Storage area beneath squash No.1 Court stairs will be cleared and cleaned and will not be available for use. Junior cupboard will remain locked and not in use.			
	Infection				No personal items to be stored within any location at the club.			
	Infection				Storage areas within the Tennis Pavilion will be cleared and cleaned and will not be available for use.			
Members / Players	Infection				All courts must be booked online. Opponent must be included for track and trace purposes.			
	Infection				Junior squash morning and club sessions will remain suspended until further notice.			
	Infection				Each booking will require a declaration that both players have read and understood COVID-19 Secure Plan.			

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	Infection				Anyone attending the club (including players, volunteers and coaches and any visitors (tennis section only)), should undergo a pre-attendance self-assessment for any COVID19 symptoms using the information on the NHS website before leaving home.			
	Infection				Only club members will be allowed to book and access the courts. No guests will be permitted in indoor areas at this stage. Attendance of a parent/guardian (non-participant) or a carer for a disabled player is allowed outside for Tennis only, but should be off court and limited to one parent/guardian/carers per player where possible. Supporters, parents, and other spectators in outdoor areas should remain socially distanced whilst attending events. Spectator groups must be restricted to discrete six person gathering limits and spread out, in line with wider government guidance.			
	Infection				Squash players should arrive in kit ready to play and wait outside in car park if arrival is before the session start time. Tennis players should also arrive in kit ready to play and access the courts via gate from the public car park.			
	Infection				Handling of the same ball by different players during a session is discouraged.			
	Infection				Each player to have own designated area at the front of the squash court to store kit bag / water bottle.			
	Infection				All players must bring their own fluids and use own water bottle at all times. Communal water fountains will not be operational.			

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				RED	All personal 'waste' (empty water bottles, wrappers etc) must be taken home.	GREEN		
	Infection			RED	To reduce sweat droplets on squash courts the use of sweatbands and headbands is encouraged. Wiping hands on walls or rear glass back wall is strictly prohibited.	GREEN		
	Infection			RED	Players must mop squash court floors with disposable cleaning equipment to be provided. All touch points (e.g. court door handles etc) to be wiped down and sterilised prior to leaving and exiting court.	GREEN		
	Infection			RED	Squash and Racketball players should exit the building immediately following the end of the session (after having cleaned courts) as per the on-way system.	GREEN		
	Infection			RED	PPE will be available for use if required (masks and gloves) behind court 1 and in the tennis pavilion plus hand sanitiser.	GREEN		
Coaching	Infection			RED	Squash coaching restricted to a maximum of five players from different households per session. Multiple courts should be used with a maximum of two players per court.	GREEN		
	Infection			RED	Squash coaching staff entering the court area must maintain strict social distancing at all times.	GREEN		
	Infection			RED	Tennis coaching is permitted and coach(es) must to ensure the approach to an activity is feasible to deliver safely. Tennis coaching sessions for junior can include group sizes of no more than 15, plus coach(es), in accordance with the Department for Education's guidance for providers of out-of-school settings.	GREEN		

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	Infection				Tennis coaching sessions for adults can include group sizes of up to 6, including coach(es).			